

# Gratitude Report

FY22 July 1, 2021 - June 30, 2022



# We believe...

Every child deserves every opportunity to succeed.

Every person should have equitable access to quality health care.

Every person deserves to be accepted and included.

Every person deserves a chance to have a secure, happy, and fulfilling life.



Volunteers, donors, and community partners help us make these beliefs a reality for so many in our community.

Thank you for believing, too.

# **Richmond Behavioral Health *fearlessly* champions the health, wellness, and recovery for the individuals and communities we serve.**

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When donors like you give to our Annual Fund (unrestricted donations), we are able to designate these funds to programs and services as needs are identified.

**This upcoming year, because of your support and generosity, we are able to provide funding to 6 programs across the organization.**

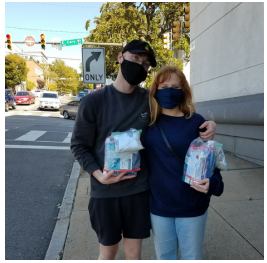
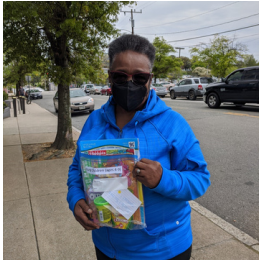
The funds will be used to fill gaps in funding, to provide a new service or enhance an existing service, or to provide opportunity for individuals and families to participate more fully in our community.

More details about these programs will be coming in the months ahead.

Your donations open doors and drive positive change. We are grateful for your support.



# Volunteers



# make a direct impact



# in the lives of many.

# The DIY numbers...



# The impact...

The DIY Volunteer Project kits provide needed items, immediately, for the children and adults we serve.

*Many now have a new pair of gloves or a hat of their own to keep them warm.*

*Many mothers now have bibs, bottles, and diapers to welcome their new baby.*

*Many now have soap, a washcloth, and toothpaste to keep themselves clean and healthy.*

*Many can now take their medications with food to avoid an upset stomach or can now go to sleep with something in their bellies.*

*Many now have tools and toys to keep their minds engaged and focused.*

*Maybe most importantly, many now know that someone cares enough to support them in this way.*



# Our Community Partners

Here's a highlight of a few of our community partners who have consistently and generously supported our organization over the years.

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## The Women of St. Stephen's Episcopal Church

Transportation is one of the greatest obstacles for women with children to participate in treatment. Imagine navigating public transit with an infant in your arms and a toddler in tow.



The Women of St. Stephen's provides funding for strollers and car seats for mothers in RBHA's Women's Services programs, helping them to better manage a challenging time in their lives.

**Removing obstacles to treatment  
increases access to treatment.**

# Our Community Partners

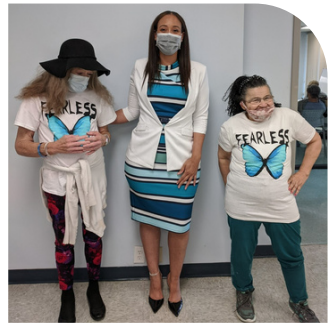
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## Aetna Better Health of Virginia

This year, Aetna Better Health of Virginia supported our mission of promoting health, wellness, and recovery by outfitting not one - but two - exercise rooms for RBHA programs.



Many studies validate the correlation between regular exercise and improved mental health. **This equipment allows for more opportunity for self-care and developing healthy routines.**



*"Good exercise is the key to good mental health. This is going to be a great addition to the Marshall Center."  
~ Martha, Marshall Center Member & avid walker*



The pictures are from the Marshall Center's Gym Ribbon-cutting event. The second exercise room is located in the gym at RBHA North Campus.

# Our Community Partners

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## Altria



Altria Employee Volunteers have completed several large-scale projects at RBHA North Campus - creating beautiful spaces for residents to begin their journey of recovery. **These spaces provide opportunity for self-reflection, for exercise, for healthy eating, for skill-building - for learning how to live in recovery.**



Altria has been a long-term partner in supporting RBHA's Homeless Services programs via employee-driven grant funding.

Individuals experiencing homelessness and mental illness are some of the most vulnerable people we serve and can be challenging to engage in treatment. The resources provided by Altria aids our Outreach Team in making these critical connections.



# Our Community Partners

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## Dominion Energy

Awareness and education is often the first step in helping people access the services they need. Through Board service, facilitating connections, grant funding, and employee volunteerism, **Dominion has helped us to reach further in the community to share our mission of health, wellness, and recovery.**

We are fortunate to have representation from Dominion on both our RBHA Board of Directors (Malesia "Nikki" Taylor) and RBHF Board of Trustees (Jen Kostyniuk).

Together, we are *fearless*.





## **Thank you for recognizing the importance of the work we do.**

Mental health, developmental disabilities, and substance use - these are challenges that change the course of life for thousands of people in our community.

**Richmond Behavioral Health Foundation** partners with people and organizations across our community to create opportunity, provide resources, and secure the funding needed to support the programs of RBHA.

We rely on community support to serve nearly 13,000 people a year, both children and adults, regardless of ability to pay.

**Your generosity changes lives.**

# A look ahead...

Communities prosper when the behavioral health needs of the community are met.

At Richmond Behavioral Health, we continuously assess and work to improve access to behavioral healthcare, to reduce stigma and remove barriers that keep people from engaging in treatment, and to provide opportunity for inclusion and empowerment.

We do it...  
for her, and for him, and for them.



Our vision is an inclusive, healthy community where individuals have the courage to believe in a better tomorrow and are inspired to reach their highest potential.



To see a full list of donors, volunteers, and community partners for FY22, please visit [www.rbhfoundation.com/about](http://www.rbhfoundation.com/about)

# Thank you for being part of our story.

Our work together is vital because a society of wholly healthy individuals creates a vibrant, safer community for all.



**RBH** RICHMOND  
BEHAVIORAL  
HEALTH

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